

# How to book:

## Intensive Caring Sessions Restoring Peace in your Body

### BITTEL AUSWEHLEN: APPOINTMENT TYPE

- **Intensive Caring** (60min)
  - für Erwachsene und Jugendliche älter als 10 Jahre
- **Intensive Caring für Kinder** (30min), ab 10 Jahren
  - Select **Date**, then click on **SUCHEN**
  - Then select the **available time** + **therapist** that suits your schedule

### AUSWEHLEN: THERAPIST + TIME

- Select **THERAPIST** + **TIME**

### SANAMCARA BOOKING SYSTEM

- Upon selection, a pop-up with summary (**Übersicht**) for your selection will appear
- Click on **WEITER** to continue

### SETTING UP YOUR ACCOUNT

- **ANMELDEN** is to log-in with your email + password
- If you forgot your password click on **Neues Passwort erstellen**
- If you are brand new, please click on **Profil erstellen** (full name + email is required)

The screenshot shows the booking process in German. At the top, it says "Intensive Caring Sitzung Buchen" and "Mein Konto". A dropdown menu is open, showing "Bitte auswählen: Appointment Type" with options: "Intensive Caring", "Intensive Caring", and "Intensive Caring für Kinder (ab 10 Jahren)". Below this is a calendar for "Oktober 2022" with a "SUCHEN" button. The next screen shows "Wednesday September 21, 2022" with two therapists: "Andrea Gardner" (times: 10:00, 10:30, 14:00, 14:30) and "Fiona Cox" (times: 10:00, 10:30). Below this is a summary screen titled "Übersicht" for "Heart Based Medicine Foundation Intensive Caring mit Andrea Gardner" on "09.00 - 10:00 CEST | MO DER 17. OKT" with a "Weiter" button. The final screen is "Anmelden" with the question "Sind Sie bereit?". It has input fields for "E-Mail" and "Passwort", an "Anmelden" button, a link for "Neues Passwort erstellen", and an "oder" separator followed by a "Profil erstellen" button. Yellow arrows point to the dropdown menu, the "SUCHEN" button, the 14:00 time slot, the "Weiter" button, the "Anmelden" button, and the "Profil erstellen" button.

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### WARENKORB

- TARIFE
  - Intensive Caring CHF 150
  - Intensive Caring für Kinder CHF 75
- Click on **WEITER** to continue

### WARENKORB + PROMO CODE EINGEBEN

- Enter **OKTOBER**, and **Hinzufügen**

### KREDITKARTE-DATEN

- New Gesamtbetrag will show the discount
- Enter **KREDITKARTE-DATEN**

### RECHNUNGSADRESS + KAUFEN

- Enter **RECHNUNGSADRESSE**
- Click **KAUFEN**

The image displays four sequential screenshots of the sanamcara mobile application's checkout process, with yellow arrows highlighting key interactive elements.

- Screenshot 1 (Top):** Shows the 'Warenkorb' (Cart) screen. The 'TARIFE' (Rates) section lists 'Intensive Caring' for CHF 150.00. A red 'Weiter' (Continue) button is highlighted with a yellow arrow.
- Screenshot 2:** Shows the 'Warenkorb' screen with a detailed view of the 'Intensive Caring' session (CHF 150.00) and a 'Promo-Code eingeben' (Enter promo code) field. The 'OKTOBER' code is entered, and the 'Hinzufügen' (Add) button is highlighted with a yellow arrow.
- Screenshot 3:** Shows the 'IHR WARENKORB' (Your Cart) summary. The total amount is updated from CHF 150.00 to CHF 120.00 due to the discount. The 'Gesamtbetrag' (Total amount) is highlighted with a yellow arrow.
- Screenshot 4 (Bottom):** Shows the 'KREDITKARTE-DATEN' (Credit Card Data) and 'RECHNUNGSADRESSE' (Billing Address) sections. The 'Kaufen' (Buy) button is highlighted with a yellow arrow.